



Hemophilia Dental Care Guidelines



Dental Care Guideline for:

Date:

Birth date: _____ Treatment Centre: _____

Treatment Centre Contact: _____ Phone: _____

Physician: _____ Phone: _____

Notes: _____



Dental Care

Dental care is an important part of managing your hemophilia. Here are some things you can do to help keep your teeth and gums healthy and avoid bleeds:

- Limit sugary foods and drinks
- Brush and floss as your dentist advises
- Keep regular dental appointments
- Talk with your dentist about fluoride treatments
- Work together with your hemophilia treatment centre (HTC) and your dentist

For children:

- Don't pull on loose baby teeth
- Don't let your child run with anything in his mouth



Your Dentist

It is important to **share** your hemophilia care information with your dentist, and to choose a dentist who will work together with your hemophilia treatment centre (HTC). While routine check-ups and cleaning should not cause any problems, some dental work, such as freezing, fillings, or extractions need precautions.

Here is a guide of some steps to take regarding your dental appointments:

- Inform your HTC of any **upcoming** dental appointments.
- Give your dentist the contact information for your HTC in advance, so they can share important information **before** appointments.
- After a dental appointment, **report** any swelling, difficulty swallowing, or hoarseness to the dentist or your HTC immediately.

Dental Treatment Tips

- Work with your HTC or a hematologist to **treat any mouth infections with antibiotics** before doing any surgical procedure.
- Use **special procedures and rinses** to help control bleeding.
- Use **pain killers** that don't increase bleeding.
- Advise a special **diet** after a tooth extraction, to reduce bleeding.
- Take all necessary **precautions** before any surgical procedure.

Dental Treatment for Your Child

Your dentist can help make sure your child gets the best dental care, while also caring for his hemophilia. Your child's dentist can:

- **Talk with your HTC or a hematologist before doing dental procedures.** Working together, they will make a decision about what factor or other treatment might be needed, based on the severity of your child's hemophilia and the type of dental procedures to be done.
- Teach children and caregivers about **preventive dentistry** when the baby teeth begin to come in.
- Do **regular check-ups**, and a special check-up when your child is about 12 or 13 to look for any over-crowding adult molars.
- Make sure your child is at the proper **clotting factor** level before doing any deep injections or surgical procedures.

 For other **Hemophilia Management Guides** visit www.EmbraceLife.ca, or:

- For more ways to plan for visits to the dentist, visit the Canadian Hemophilia Society at www.hemophilia.ca or call 1-800-668-2686
- Also visit the World Federation of Hemophilia at www.wfh.org

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